Life Skills Seminar for Immigrant Women #1

Life Skills Seminars for Immigrant Women

The non profit organization Ansar and the Muslim Association of Greater Pittsburgh (MAP) have partnered to provide educational seminars to muslim women arriving in Greater Pittsburgh with their families from war torn regions of the world.

The first seminar of this series was successfully held in the municipality of Duquesne on Saturday September 3rd. The space was provided by Ansar staff led by Dr. Wiam Younes. Dr. Nabeeha Mohyuddin presented on general health and hygiene topics. Dr. Mohyuddin is originally from Peshawar, Pakistan and speaks Pashto fluently. The talk was attended by of about 15 women (native languages Pashto, Darri, Arabic). The audience greatly appreciated Dr. Mohyuddin's expertise. They also expressed their desire to continue such events.

We would like to extend our thanks to Dr. Nabeeha Mohyuddin and to MAP community member Sidra Cyrus who put together 25 gift bags for the Duquesne community. These gift bags included important hygiene items discussed in the seminar.

We would also like to express our sincere appreciation of Dr. Wiam Younes and Ansar staff members who set up the seminar, got the word out to community members and provided translators.

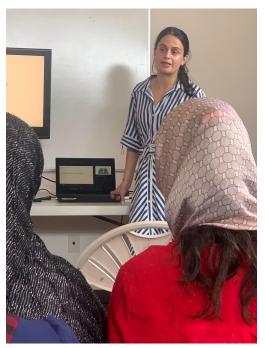
We will be continuing such seminars on various topics on a regular basis and look forward to your continued support.

Dr. Noor Afshan Khan











"I am grateful for the opportunity to speak to the Afghan women on health, nutrition and cancer screening. As an immigrant, it was fulfilling to be able to introduce them to health care in the US. I found the audience to be engaging and they asked very thoughtful questions. I look forward to doing this again and thank MAP for giving me this opportunity". - *Nabeeha Mohyuddin*